

## **Check things** before Winter





**Please** 

Read

Prevent issues when it's cold



Prevention

- 1) Check all safety devices-Change batteries in smoke detectors, carbon monoxide monitors and flashlights
- 2) Minimize water damage- Clean gutters, fix broken gutter areas, check pipes and insulate to prevent broken pipes, remove hoses, blow out sprinkler systems
- 3) Heating Needs- Seniors are susceptible to the cold. HVAC should be inspected yearly. Check windows for worn sealants and doors for drafts.
- 4) Bundle up- get right clothing prepared
- 5) Arrange for ice/snow removal- keep sidewalks clear of snow and ice to prevent falls
- 6) Arrange homecare- Colder weather makes it harder to navigate doctors' visits and shopping for groceries and doing certain tasks. Call and schedule a homecare visit to help.



Going for a walk to see the trees turning orange, yellow and a multitude of colors can be very entertaining for our seniors. Go out and enjoy Colorado!

## Free Consultations (719) 543-4220. Discover if homecare can help you or your loved one.

If you want a rewarding career. Look no further. Visiting Angels we can help you achieve your career goals while helping others 719.543.4220



**WEEKEND On call** Caregiver needed.

If you are interested or know someone who is...contact Lisa in the office

719.543.4220

A person's most useful asset is not a head full of knowledge, but a heart



full of love, an ear ready to listen and a hand willing to help others.



**Veterans** may qualify for assistance. Call our office for more information

719.543.4220

Visiting Angels has been providing non-medical homecare services in Pueblo for 20 years.

Select your Caregiver to match skill and personality

**Complimentary Consultation** 



**Birthdays for September** 

Alyssa Sept 8th Cheryl Sept 8th Jenny Sept 16th Terri Sept 30<sup>th</sup>

**Happy Birthday Everyone!** 



(719) 543-4220 Office